### Christine Mason Headteacher



### Coffee Morning - Anti-Bullying Friday 20<sup>th</sup> November 2015





### Purpose of the presentation





To explain the anti-bullying policy and definition

To share initial findings from the recent parental questionnaire

To explain how we deal with bullying

### Our definition of bullying



Bullying is the use of aggression with the intention of **hurting** another person.

It is a deliberate, repeated hostility towards a victim. It involves an imbalance of power and results in pain and distress to the victim.

Bullying is **unwanted** behaviour which is damaging to the victim.



# Anti-Bullying Questionnaire



41 parents and carers returned their questionnaires Some responses:

Has your child been bullied in school during the last 12 months?

No 31

Yes a lot 3 (including 2 at our school)

Yes a little 6

Not sure 1

# Anti-Bullying Questionnaire



How confident are you that your child's school deals well with bullying?

#### Of those who had experienced bullying... (9 pupils in our school)

Yes a lot – confident 1 Quite confident 1

Yes a lot – not very confident 1

Yes a little – not very confident 2 Very confident 2 Quite confident 2

#### Of those who had not experienced bullying...

Very confident -4

Quite confident - 16

Not very confident – 2

Don't know – 8

No response - 1

# Anti-Bullying Questionnaire



#### Qu: What do you think would prevent bullying in your child's school?

- ✓ Talk to children in the school through assemblies and lessons about what bullying is and how to stop it
- ✓ Give further support to pupils who are bullied
- ✓ Give parents and carers more information and advice about bullying.
- ✓ Provide a clear definition of what bullying is and that it is unacceptable
- ✓ Make sure children know how to report incidents of bullying.
- ✓ Make sure parents and carers know how to report incidents of bullying
- ✓ Offer peer support
- ✓ Punish children who bully others
- ✓ Increase levels of supervision in corridors and on the playground

# Types of Bullying





**Physical** 

Verbal

Disability

**Emotional** 

Cyber bullying

Racist

Homophobic

Sexual

## Behaviour signs



- Is frightened of walking to or from school
- Becomes withdrawn, anxious, or lacking in confidence
- \* Become self-critical and holds a negative view e.g. ugly, stupid, failure
- Cries himself to sleep at night, unable to sleep, bed wetting
- Feels ill in the morning, headaches, stomach aches, lack of appetite
- \* Begins to do poorly in school work
- \* Has possessions go "missing"
- \* Becomes aggressive, disruptive or unreasonable, angry outbursts
- \* Is bullying other children or siblings
- \* Is frightened to say what is wrong

# What do we do in school to help **prevent** bullying?



- ✓ Ethos
- ✓ Golden rules
- ✓ Mission Statement
- ✓ Children and Families Support Worker
- ✓ Circle time
- ✓ 'Come and See' Religious Education lessons
- √ The 7 steps approach
- ✓ Curriculum work e.g. drama, poetry, art
- ✓ Assemblies
- ✓ Visitors
- ✓ Web site information



















### The Seven Steps Approach



- ✓ Step one interview with the victim
- ✓ Step two convene a meeting with the people involved.
- √ Step three explain the problem
- √ Step four share responsibility
- ✓ Step five ask the group for their ideas
- ✓ Step six leave it up to them
- √ Step seven meet them again



### What to do if your child is being bullied?



- ✓ Speak to your child's class teacher, or to Mrs Golden
- ✓ Mrs Golden will assess the situation and undertake the 7 steps approach if appropriate
- ✓ All incidents are recorded in school to that we can keep a check on reported incidents
- ✓ If the situation doesn't improve, come back and speak to us again.



#### Our Mission Statement



To live as a Christian family inspired by the values of Jesus.

To celebrate and develop every child's full potential through a rich and enjoyable learning environment.

To promote and encourage an effective partnership between home, school, parish and community.



### Thank you!



If anyone would like to suggest a focus for another coffee morning please let us know

Please take a booklet with you

Thank you for attending today

